## Upcoming News



swanleisure@ladygregoryhotel.ie

Children's Group Swimming
Lessons

#### ON SALE NOW

Our club group lessons are starting back September 6<sup>th</sup> to October 17<sup>th</sup>. They are taking place on Tuesday's, Wednesday's, Thursday's Friday's & Saturday's.

These classes are aimed for children of all levels, from 4yrs + Our NEW LIFESAVERS level has been added. Here advanced swimmers (aged 11yrs+) swim lengths wearing clothes, learn towing, rescue throws and more.

### September Sale 5th-7th

Mega Value Packages to suit all.

Check Out Our Social Media
Pages for a Competition

Aqua-Fit
Special Offer
Class Cards

€25 Now €20

€50 Now €45

Offer available until September 1<sup>st</sup> - 14<sup>th</sup>



Studio Fitness Classes resume September 1<sup>st</sup> Check out our NEW TIMETABLE

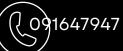
## New Fitness Class Rate

For Non-Members

€10 per class €64 class card

September





#### SEPT-OCT GROUP SWIM SCHEDULE



September 7<sup>th</sup> - October 17<sup>th</sup> 2025



**ON SALE** August 2<sup>nd</sup> @ 8am

Tuesday

3.30pm /5.15pm Beginners

Marco

- 4.05pm Improved Beginners
- 4.40pm Improvers/Advanced
- NEW 5.50pm Lifesavers (Adv+)

Michaela

3.30pm /5.15pm Beginners 4.05pm Improved Beginners 4.40pm Improvers/Advanced 5.50pm Lanes

Leah

3.30pm/5.15pm Beginners 4.05pm/5.50pm Improved Beginners 4.40pm Improvers /Advanced

Marco

3.30pm/5.15pm Beginners 4.05pm/5.50pm Improved Beginners 4.40pm Improvers/Advanced 6.25pm Lanes

9am/9.35am/10.10am/10.45am Beginners 9am/9.35am/10.45am/11.20am Improved Beginner 10.10am Improvers/Advanced



11.20am LIFESAVERS

Clodagh Diarmuid

T&C's Apply:\*\*Refunds only with Medical Cert Names only taken with payment

> Members €70 Non Members €85

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**LEAVE A REVIEW** 

091647947



# ADULT SWING CLASS

beginners & improvers

Members €70 Non Members €85 SWAN
LEISURE CLUB
AT THE LADY GREGORY HOTEL

091647947

BOOK NOW

Tuesday's @ 7.15pm September 9,16,23,30, October 7,14

2025

## Baby & Toddler Swim Classes



091647947



Level 1&2 (4-18mths)
Friday 10.30am
Sunday 9.30am
Sunday 10am(NEW)
Level 3 & 4 (18mths - 4yrs)
Sunday 9am

€85 Members €100 Non Members x4 Weeks

Next Term
Dates;

On Sale August 2nd @ 8am



Friday: Sept 5,12,19,26 Sunday: Sept 7,14,21,28

Please Note: Classes are subject to a min.booking number in order for class to go ahead.

\*\*Limited Availability
Classes will take place in Lanes



MONDAY

Thomas Michaela Marco TUESDAY

Michaela



WEDNESDAY

**Thomas** 

THURSDAY

Marco

FRIDAY

Kieran

SATURDAY

Diarmuid

Clodagh



Limited Availability for September

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